# HearYou.org

## Online Counseling for Educators & School Staff

Partner with HearYou.org to provide high-quality mental health counseling for your educators and school staff that goes beyond typical employee assistance programs. Partnering with us provides your staff with timely access to counseling that promotes self-care, and positive coping strategies for stress management, and reduces the effects of anxiety/worry, low mood, and grief.

We look forward to partnering with you to serve your staff.

### **How to Get Services:**

Reach Out. To learn more or schedule a meeting, visit hearyou.org/educatorwellness.

- 3 Customize the Program. HearYou.org presents implementation options and program materials.
- **2** Connect. Meet with a HearYou.org team member to discuss services available to your educators and school staff.
- Meet your Care Coordinator.

  A dedicated Care Coordinator begins working with staff in need of support.



#### **Not for Profit**

No up front costs or startup fees. Pay only for sessions scheduled by eligible staff members.



#### Flexible Coverage

Choose how many sessions employees may receive per school year.



#### **Dedicated Care Coordinator**

Care Coordinators find a counselor who works best with each staff member.



#### **Confidential Billing**

Billing process allows employees to maintain confidentiality.

## **Potential Funding Sources:**

#### LCFF/LCAP (CA ONLY)

Local Control Funding Formula /Local Control & Accountability Plan

#### **ESSER II**

Elementary & Secondary School Relief (Coronavirus Response & Relief Supplemental Appropriations Act)

#### Title IV/ESEA/SSAE

Secondary Education Act of 1965 / Student Support & Academic Enrichment





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